

# Nu Core Value in New 2U



Feel fuller Live longer

# New 2U

*People enjoying good health and longevity*

*Is not only what they eat*

*But also how they eat*

*Okínawa, Japan, has the highest proportion of centenarians in the*

日本的沖繩縣是全球擁有最高百歲人瑞比例的城市

*world. They deeply believe in Hara Hachi Bu Philosophy- Eat*

，他們大多以 Hara Hachi bu 理論作為他們飲食模式。

*until 80% full.*

## *Hara Hachi Bu Theory*

*It advocates people to eat only 80% of their capacity so that the stomach*

理論指出只有進食達至 8 成飽，胃部就不會因此而擴張。相

*will not be stretched. Constant eating 100% full will cause stretching of the*

反，如果進食到 100% 飽，你必須在下一次進食同樣到 100%

*stomach which will in turn increase the amount of food needed to feel full.*

飽感或超過 100%。此舉不但會擴大胃部，亦會惡性循環

*And the cycle continues.*

下去，影響身體健康。

# New 2U

## New 2U- Curb Emotional Desire to Eat by Fabules<sup>TM</sup>

Fabules<sup>TM</sup> has shown promising effect on activating the natural appetite control mechanism. Fabules<sup>TM</sup> 是一種天然食慾控制的機制，稱為 '回腸剎車'。以透過 known as "Ileal Break". By delaying hunger signals, people tend to eat less yet maintaining 發出延遲饑餓信號，令你感到飽肚，減低嗜吃傾向，此外，那個 8-hour satiety. Fabules<sup>TM</sup> fine oil droplets are made from naturally palm oil, coated with 飽腹感會維持高達 8 小時。Fabules<sup>TM</sup> 是由天然的棕櫚油、從燕 galactolipids from oat oil, and water.

麥油中抽取的半乳糖脂和水份所構成的。

### Suggested Use:

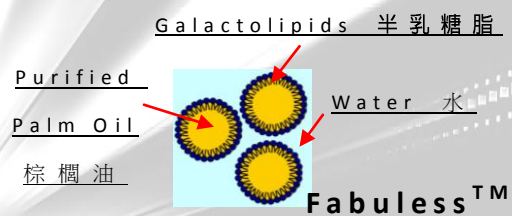
Add 3 to 4 spoons of New 2U to 250ml warm water.

3-4 匙加入 250ml 溫水，每天最少一杯，

Shake well for about 10 seconds. Ready to serve.

再加上適量帶氧運動，效果更顯著。

1 glass per day at least. For better results, regular aerobic exercise is required.



### New 2U Testimonial:

#### CHAN YAU FUNG

My target is to become more confident and healthier. And I did it! I started by taking New 2U twice a day to replace two meals for two weeks. After that, I simply take New 2U once every day to replace one meal. And the result is so obvious! Now my body shape is even fitter than the time before I got married. Moreover, I look a lot happier and younger. I am so glad to have been introduced to this great product!

我的目標是要變得更自信、更健康。我做到了。我的做法只是在開始時，先代兩餐，然後，兩個星期後，我只代一餐。最明顯的是，現時的身形比結婚前還要 fit，而且，我看起來更年輕和快樂。真的好開心有這個效果!!!

Inches Lost = 6.0

Weight Loss= 20.1 Pounds

BMI = From 27.9 on the 1<sup>st</sup> Day

To 24.7 now



# New 2U



*New 2U Weight Loss Technology  
and see how it can help you  
Feel fuller and Live longer.*

Main Ingredients:

Oat Oil, Palm Oil, Soy Protein, Whey Protein

Collaborated & Formulated by USA

Nu Wealth INC. (HK) Limited - ~We Serve We Care We Enrich Lives ~

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主要成份:

燕麥油, 棕櫚油, 大豆蛋白, 乳清蛋白